

RESOURCE GUIDE



Office of
Mental Health



Clinton County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

CVFC Intensive Crisis Stabilization Center

Facility open 24/7 for moments of mental health crisis.

11 Dormitory Dr, Plattsburgh, NY 12903

(518) 324-4700

Services include psych assessment, therapeutic intervention, peer support, SUD services, and follow-up planning.

Residential Crisis Program (BHSN)

24/7 residential setting for short-term crisis stays.

126 Court St, Plattsburgh, NY 12901

(518) 557-4500, crisisreferrals@bhsn.org

Application can be found at bhsn.org/mental-health/crisis.

Call for more information.

Mobile Crisis (Behavioral Health Services North)

Number to call in moments of mental health crisis.

Phone: 1 (866)-5PREVENT

TTY: 1 (877) 829-1278

Crisis team can rapidly respond to your home in the community if necessary. Call **988** during the evening hours.

Mental Health Treatment & Rehabilitation

Clinton County Mental Health and Addiction Services

Integrated outpatient clinic with walk-in capability.

130 Arizona Ave, Suite 1500, Plattsburgh, NY 12903

(518) 565-4060 **Standard Hours:** Mon/Thurs 8:30 am-6 pm, Tues/Wed 8:30 am-7 pm, Fri 8:30 am-5 pm **Walk-in**

Hours: Mon-Fri 8:30 am-12 pm (limited slots available).

BHSN Center for Well-Being

Outpatient clinic.

2155 State Rte. 22B, Morrisonville, NY 12962

(518) 563-8000

Hours: Mon 8 am-6 pm, Tues-Thurs 8 am-7 pm, Fri 8:30 am-4:30 pm. Call to inquire about an appointment.

Champlain Valley Family Center Outpatient Clinic

Integrated outpatient clinic with walk-in capability.

20 Ampersand Dr, Plattsburgh, NY 12901

(518) 561-8480 **Standard Hours:** Mon-Thurs 8 am-8 pm,

Fri 8 am-5 pm **Walk-in Hours:** Mon/Tues/Thurs/Fri 8 am-11 am & 1 pm-3 pm, Wed 8 am-11 am.

Personalized Recovery Oriented Services (PROS)

BHSN program for person-centered, holistic recovery.

2155 State Rte. 22B, Morrisonville, NY 12962

(518) 563-8000

Hours: Mon/Wed/Fri 8 am-5 pm, Tues/Thurs 8 am-7 pm. Combines counseling with life skill-oriented services.

Peer Support Services

All Ways to Recovery Community Center

Informal, social setting focused on mutual recovery.

14 Dormitory Dr, Plattsburgh, NY 12903

(518) 324-7780

Hours: Mon-Fri 9 am-8:30 pm, Sat 12 pm-7 pm.

Call or drop in. Champlain Valley Family Center program.

NAMI Champlain Valley

Local chapter of National Alliance on Mental Illness

304 New York Rd, Plattsburgh, NY 12903

(518) 561-2685

Hours: Mon-Fri 8 am-4 pm. Physical location may not be accessible, but someone is always reachable by phone.

Addiction or Substance Use Treatment and Support

Clinton County Mental Health and Addiction Clinic

Integrated outpatient clinic with walk-in capability.

130 Arizona Ave, Suite 1500, Plattsburgh, NY 12903

(518) 565-4060 **Standard Hours:** Mon/Thurs 8:30 am-6

pm, Tues/Wed 8:30 am-7 pm, Fri 8:30 am-5 pm **Walk-in**

Hours: Mon-Fri 8:30 am-12 pm (limited slots available).

Conifer Park Plattsburgh Outpatient

Outpatient substance use clinic (only methadone provider)

80 Sharron Ave, Plattsburgh, NY 12901

(518) 561-0130

Hours: Mon-Fri 7 am-7 pm, Sat 7 am-12 pm.

Walk-ins accepted. Same-day MAT can be provided.

Champlain Valley Family Center Outpatient Clinic

Integrated outpatient clinic with walk-in capability.

20 Ampersand Dr, Plattsburgh, NY 12901

(518) 561-8480 **Standard Hours:** Mon-Thurs 8 am-8 pm,

Fri 8 am-5 pm **Walk-in Hours:** Mon/Tues/Thurs/Fri 8

am-11 am & 1 pm-3 pm, Wed 8 am-11 am.

MATTERS Network: (765)-MATTERS. Substance use and peer support. Telehealth appts daily 11 am-11 pm.

Alcoholics Anonymous (AA): (518)

561-8444 **Narcotics Anonymous (NA):** (315) 847-3842

Call 24/7 for information on groups in Clinton County.

OASAS 24-Hour Hopeline: 1 (877)-8-HOPENY

Other Services

Clinton County Department of Social Services

13 Durkee St, Plattsburgh, NY 12901

(518) 565-3300

Hours: Monday—Friday, 8 am-4 pm

After Hours Emergency Housing Assistance:

(518) 420-8864

Health Home (Adirondack Health Institute)

Care management service.

(866) 708-2912, ahihealth.org

Eligibility is contingent on have two chronic conditions **OR** one qualifying serious chronic condition (including schizophrenia and bipolar disorder).

St. Joseph's Community Outreach Center

Community center with outreach and support services. 1349 Military

Tpke, Plattsburgh, NY 12901

Hours: Monday—Friday, 8:30 am—4 pm

Provides educational, support, and outreach services to

help promote well being and improvement.

Clinton County Single Point of Access (SPOA)

Program for mental health, housing, and support.

(518) 565-3796

If you aren't reaching someone and it's within county clinic hours (see above), call them to learn more. Program seeks to link people with a variety of MH services.

Healthy Alliance

Social care network.

(518) 656-8312

Call to inquire about being connected to a network of professionals who can help you jointly manage all facets of your care.

To find more mental health programs and services, visit our website at: www.omh.ny.gov

988

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